

	CLOTHES & ACCESSORIES	
Underwear Socks/Stockings Undershirts/bras Sleepwear T-shirts Jeans Pants Shorts	Skirts Sweaters/sweatshirts Coats/jackets Hats Gloves Scarves Jewelry Laundry bag	QTY  Hiking/athletic shoes  Walking shoes  Sandals/flip-flops  Belts  Ties  Purse
Toothbrush Toothpaste Dental floss Soap Deodorant Shampoo/conditi Brush/comb Face cleanser Face lotion/gel/et Sunscreen	Birth control(If Needed) Nail file/clippers	First-aid KIT Insect repellent Walking shoes Medications Pain relievers Vitamins Bandages Hairstyling tools List of medications Pain relievers
QTY Cell phone Laptop/tablet Electronic charge Plug adaptor Binoculars	Makeup  Makeup remover	QTY First-aid ointment  Insect repellent  Luggage locks and tags
QTY  Books or e-books Video/music play Earbuds/headphe		QTY  Ear plugs/eye mask Lip balm Paper/pen

DAY:		
DESTINA	ATION:	
TRIP	OVERVIEW	V AND N